# AndroSafe® Lyco 10



## Active protective substances for men

## The thing with the prostate

Male sexual health plays an essential role not only in becoming a parent, but also in advancing age. Of particular interest to men is the prostate, a chestnut-shaped gland whose secretion accounts for about 30% of the ejaculate. It is regulated by the male sex hormone testosterone.

Many men wonder how they can support their body in old age and keep it vital. Because as everyone knows: "One ages how one has lived." This concerns above all a high measure of oxidative stress, which develops by smoking for many years, environmental poisons or medicaments and which can be brought with health disturbances in connection. The newly developed formula AndroSafe® Lyco 10 from Biogena contains selected micronutrients that protect against free radicals before they can change or destroy important structures in the body. AndroSafe® Lyco 10 contains the important male mineral zinc, which supports the maintenance of normal testosterone levels in the blood, contributes to normal fertility and reproduction and plays a role in normal DNA synthesis. The well-tuned micronutrient spectrum is supplemented by a range of other vitamins, minerals and plant substances, with lycopene, which is currently often the focus of research, being particularly worth mentioning.

## AndroSafe® Lyco 10

- Vitamin E and selenium help to protect the cells from oxidative stress
- Zinc supports the maintenance of normal testosterone levels in the blood
- Zinc contributes to normal fertility and reproduction and plays a role in DNA synthesis

## Possible uses:

- To support the antioxidant protection systems with increased radical load
- To maintain a normal testosterone level
- As a nutritional contribution to sexual health

# Bioavailable micronutrients in a pure form

- Produced according to the pure substance principle
- No colouring agents, artificial flavourings or covers
- Gluten-free
- Lactose-free
- Vegetable capsule shell
- 100 % vegan
- Quality tested

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INGREDIENTS per daily dose	1 Capsule	% NRV*
Vitamin D3	25 µg	500
contains I.U.	1000	-
Vitamin E (mg alpha-TE)	12 mg	100
Selenium	55 µg	100
Zinc	10 mg	100
Boron	1 mg	_
Green tea extract	100 mg	-
contains: Catechins	80 mg	-
contains: Epigallocatechin gallate	60 mg	-
Lycopene	10 mg	-
Beta-carotene	2.5 mg	_
trans-resveratrol	10 mg	-
Ubiquinol (KANEKA UBIQUINOL™)	5 mg	_

\* % OF NUTRIENT REFERENCE VALUES IN ACCORDANCE WITH EU REGULATION 1169/2011.

## INGREDIENTS

Lycopene (from tomato), green tea extract, bulking agent: powdered cellulose, hydroxypropyl methyl cellulose (capsule shell), zinc picolinate, D-alpha tocopheryl acetate, ubiquinol (contains **soybean**), beta-carotene, sodium selenite, trans-resveratrol, cholecalciferol, boric acid.

## **RECOMMENDED DOSAGE**

1 capsule daily taken with plenty of liquid.

## NOTE

Food supplement in accordance with EU Directive 2002/46/EC

## **IMPORTANT NOTICE**

Consume a maximum of 800 mg of epigallocatechin gallate per day. Pregnant or breastfeeding women and children under 18 years of age should not consume AndroSafe® Lyco 10. The product should not be taken on an empty stomach or on the same day with other green tea products. Products containing trans-resveratrol should be consumed only under medical supervision in case of concomitant intake of medicines.

## PACKAGE SIZE AND CONTENT

# 60 capsules (2 month supply), 36 g

Food supplement: The recommended daily dosage should not be exceeded. No substitute for a balanced and varied diet and a healthy lifestyle. Store in a dark, dry place at room temperature. Protect from heat. Keep out of reach of children. Suitable for diabetics. The information provided here is not a statement on healing or a recommendation to self-medicate. Vcaps® Plus is a trademark of Lonza or its affiliates, registered in the USA. KANEKA UBIQUINOL™ is a registered trademark of KANEKA Corp. Veri-te is a trademark of Evolva. Subject to print or typographical errors. Version 26.04.2023.



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