

BIOGENA SPORTS - Vegan Protein Sticks



Vegetable proteins in convenient sticks for on the go

Proteins, as the most important component of the musculature, directly contribute to the fact that muscles can be built up. An outdated assumption is that it is not possible to build muscle without animal protein. As long as the body has sufficient protein, the origin, animal or vegetable, is irrelevant. Not the origin or quantity, but especially the quality of the protein, i.e. the composition of the amino acids - evaluated as Chemical Score - is crucial for success.

BIOGENA SPORTS Vegan Protein Sticks are the perfect choice for anyone looking for an ideal plant-based protein source to meet additional protein needs through athletic training. Made with the utmost care, this premium blend combines five plant-based protein sources with a perfectly matched amino acid blend. Pea, rice, sunflower, hemp and carob seedling protein combine to provide optimal nutrition and support regeneration. Supplemented by free amino acids, this results in 18 optimally balanced amino acids, including all 8 essential amino acids and a particularly high proportion of valuable BCAAs.

The complete amino acid profile of the veganeo protein powder by Anovona used here and developed by doctors ensures a high biological value (chemical score of 198). In addition, the ideal solubility and the convenient pre-portioned stick format allows for quick and easy preparation. The finest real vanilla also ensures seductive treats for the palate. BIOGENA SPORTS Vegan Protein Sticks - high-quality protein supply for every day.

BIOGENA SPORTS Vegan Protein Sticks

- Practical sticks for on the go with 20 g protein
- High-quality protein supply from 5 pure vegetable protein sources
- 18 amino acids incl. valuable BCAAs (5.1 g per stick)
- Very high biological value with chemical score of 198 (veganeo from Anovona)
- Ideal solubility & taste from real vanilla

Possible applications

- For the special needs of athletes
- For the targeted supply of protein in convenient stick form
- Proteins contribute to an increase and maintenance of muscle mass

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Bioavailable micronutrients in pure form

- Gluten free
- Lactose free
- Milk protein free
- Soy free
- 100% vegan
- Hypoallergenic
- Vanilla flavor
- Without added sugar
- Proven Quality

Amino acid profile (amino acids: per 100 g protein):

Alanine (3.7g), Arginine (7.1g), Aspartic Acid (9.0g), Cysteine (1.3g), Glutamic Acid (14.0g), Glycine (3.4g), Histidine (3.0 g), isoleucine** (5.9 g), leucine** (11.7 g), lysine** (8.9 g), methionine** (3.2 g), phenylalanine** (4.5 g), proline (3.6 g), serine (4.1 g), threonine** (4.6 g), tryptophan** (1.2 g), tyrosine (3.1 g), valine** (7.7 g); **essential amino acids (total): 47.6 g; Branched chain amino acids (BCAA): 25.3 g; Chemical Score (CS): 198 based on reference protein FAO/WHO 1985 (WHO Technical Report Series: 724, Energy and protein requirements, 1985)

INGREDIENTS

Pea protein isolate, Amino Acid Blend (L-Leucine, L-Lysine Hydrochloride, L-Valine, L-Isoleucine, L-Methionine, L-Threonine, L-Histidine, L-Tryptophan, L-Tyrosine, L-Phenylalanine) (15.8 %), rice protein, flavouring, carob seedling protein, sunflower protein, hemp protein, inulin, vanilla bean powder (0.5%), sweetener: sucralose;, steviol glycosides, Emulsifier: lecithin.

NUTRITIONAL VALUE TABLE:	per 100 g	per serving (25 g powder in 250 ml water)	% RI*
Energy	1689 kJ / 400 kcal	422 kJ / 100 kcal	5 %
Total fat	6.8 g	1.7 g	2%
of which saturates	1.4 g	0.4 g	2%
Carbohydrate	2.8 g	0.7 g	<1%
of which sugar	<0.5 g	<0.5 g	<1%
protein	80 g	20 g	40%
salt	3 g	0.76 g	13%

RECOMMENDED DOSAGE

Prepare 1 stick (25 g) with approx. 250 ml water, milk or vegetable drink in a shaker or stir into a food of your choice (e.g. muesli, yoghurt or vegetable alternative).

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NOTE

Vegetable protein powder with free amino acids and vanilla flavor. With sweeteners.

*Reference intake for an average adult (8400 kJ/2000 kcal). Pack contains 21 servings.

PACKAGE SIZE AND CONTENT

525 g (21 sticks à 25 g)

Vegetable protein powder with free amino acids and vanilla flavor. With sweeteners. A varied and balanced diet and a healthy lifestyle are important. Store in a dark, dry place at room temperature. Protect from heat. The information provided here is not a statement on healing or a recommendation to self-medicate. Subject to print or typographical errors. Version: 29.08.2023.



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