

# Basogena® Kapseln



## For the daily intake of valuable base compounds

### The acid-base balance

A good acid-base balance is the basis for ensuring that all processes in the body can function optimally and that performance and vitality can be preserved in the long-term. The unbalanced diet of our modern world with the changed environmental conditions and comfortable lifestyle tends to be rather acidic. A base powder containing suitable mineral compounds ensures that the body is supplied with additional bases.

### Biogena Basogena® Kapseln:

Biogena Basogena® Kapseln contain selected base-forming mineral compounds for short-term, targeted use or regular supplementation.

### Physiological tasks of the vital substances contained:

- Magnesium supports the electrolyte balance
- Calcium contributes to normal neurotransmission
- Potassium and magnesium support the functioning of the nervous system and the normal muscle functions
- The trace element zinc contributes to a normal acid-base metabolism

### Possible uses:

- For regular or targeted short-term intake of bases
- To support the electrolyte balance - particularly in athletes

### Bioavailable micronutrients in a pure form

- Only active ingredients
- Free of additives
- Without colours, flavours or glazing agents
- Gluten-free
- Lactose-free
- Fructose-free
- Hypoallergenic
- Vegetable capsule shell
- 100 % vegan
- Quality tested

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**BIOGENA**  
WELCOME TO YOURSELF

INGREDIENTS per daily dose	6 capsules	% NRV*
Potassium	490 mg	25
Calcium	390 mg	49
Magnesium	96 mg	26
Sodium	260 mg	-
Zinc	2 mg	20
Hydrogen carbonate	1.09 g	-
Carbonate (total)	0.4 g	-

\* % OF NUTRIENT REFERENCE VALUES IN ACCORDANCE WITH EU REGULATION 1169/2011.

## INGREDIENTS

Sodium bicarbonate, calcium citrate, potassium citrate, magnesium citrate, calcium carbonate, potassium hydrogen carbonate, hydroxypropyl methyl cellulose (capsule shell), zinc citrate.

## RECOMMENDED DOSAGE

3 x 2 capsules daily taken outside mealtimes with plenty of liquid.

## NOTE

Food supplement in accordance with EU Directive 2002/46/EC

## ADDITIONAL NOTE

Carbonate (equivalent to total 32 mmol/29 mval)

## PACKAGE SIZE AND CONTENT

90 capsules (15 day supply), 67 g

Food supplement: The recommended daily dosage should not be exceeded. No substitute for a balanced and varied diet and a healthy lifestyle. Store in a dark, dry place at room temperature. Protect from heat. Keep out of reach of children. Suitable for diabetics. The information provided here is not a statement on healing or a recommendation to self-medicate. Subject to print or typographical errors. Version 09.03.2020.



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