

CalMaCit



The mineral duo for muscles and nerves

Calcium and magnesium are essential minerals that act as antagonists in various processes in the body. They are responsible for the contraction and relaxation of muscles and control the stimulus conduction of the nerves through their opposed activities. In addition, a good supply of these two minerals is important for certain body functions.

Calcium and magnesium from citrate compounds

CalMaCit is a high-quality mineral preparation according to the pure substance principle. It provides the two minerals calcium and magnesium in a physiologically balanced ratio in easily absorbable citrate compounds, which contribute to the maintenance of normal bones and teeth, support a normal muscle function and contribute to energy metabolism. Calcium plays a role in signal transmission between nerve cells.

Tasks of the vital substances contained:

- Calcium and magnesium support normal muscle function
- Calcium and magnesium support the maintenance of normal bones and teeth
- Magnesium contributes to normal nerve function
- Calcium contributes to normal signal transduction between nerve cells
- Both minerals also contribute to a normal energy metabolism

Possible uses:

- To support nerves and muscles during mentally and physically stressful situations
- For improved calcium and magnesium intake during times of increased nutritional requirements – e.g. through sports, during growth, intake of specific drugs

Bioavailable micronutrients in a pure form:

- According to the pure substance principle
- Free of additives
- Without colours, flavours or glazing agents
- Gluten-free
- Lactose-free
- Fructose-free
- Hypoallergenic
- Vegetable capsule shell
- 100 % vegan
- Quality tested

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BIOGENA
WELCOME TO YOURSELF

INGREDIENTS per daily dose	3 capsules	% NRV*
Calcium	250 mg	31
Magnesium	180 mg	48

* % OF NUTRIENT REFERENCE VALUES IN ACCORDANCE WITH EU REGULATION 1169/2011.

INGREDIENTS

Magnesium citrate, calcium citrate, hydroxypropyl methyl cellulose (capsule shell).

RECOMMENDED DOSAGE

3 x 1 capsule daily taken outside mealtimes with plenty of liquid.

NOTE

Food supplement in accordance with EU Directive 2002/46/EC

PACKAGE SIZE AND CONTENT

90 capsules (1 month supply), 77 g

Food supplement: The recommended daily dosage should not be exceeded. Not a substitute for a balanced and varied diet and a healthy lifestyle. Store in a dark, dry place at room temperature. Protect from heat. Keep out of reach of children. Suitable for diabetics. The information provided here is not a statement on healing or a recommendation to self-medicate. Vcaps® Plus is a trademark of Lonza or its affiliates, registered in the USA. Subject to print or typographical errors. Version 30.06.2022.



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