# Calcin 250



# Natural calcium from fossil marine corals and vitamin D3 of plant origin

## Calcium – the bone mineral

The human body contains approximately one kilo of calcium, which is almost entirely found in the bones. This distribution reflects the importance of this mineral for the skeleton. However, calcium is not just indispensable for hard bones. It is also needed for strong tooth structures and the functioning of muscles and nerves. The combination with vitamin D is essential for a normal uptake and utilisation of this mineral.

## Calcin 250: With natural calcium from fossil marine corals

Calcin 250 combines the micronutrient duo calcium and vitamin D in a balanced ratio in one capsule. Fossil Sango corals, which are harvested from the seabed off the coast of the Japanese island of Okinawa and gently processed, serve as the source of the natural calcium. Sustainability plays an important role with this raw material. The harvest is therefore strictly controlled to protect the environment, which is why it can be ruled out that living coral reefs or nature are damaged.

In addition to coral calcium, Calcin 250 contains vitamin D3, which is extracted from cultivated algae in Europe in the highest quality and purity. Thus, vegetarians or vegans are also offered a high-quality and sustainable way to increase their calcium and vitamin D intake.

# Physiological importance of the vital substances contained:

- Calcium is needed for the maintenance of normal bones and teeth
- Calcium helps the normal muscle and nerve functions
- Calcium contributes to normal blood coagulation
- Vitamin D supports the uptake and utilisation of calcium

## Possible uses:

• Supports the maintenance of normal teeth and bones

• To support the intake in case of an increased nutrient requirement, e.g. during growth, for athletes, during pregnancy and while breastfeeding

- For the targeted intake of calcium in case of intolerances, allergies or aversions to milk and dairy products
- Plant-based alternative for vegetarians and vegans

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## Bioavailable micronutrients in a pure form

- According to the pure substance principle
- Without colours, flavours or glazing agents
- Gluten-free
- Lactose-free
- Fructose-free
- Hypoallergenic
- Vegetable capsule shell
- 100 % vegan
- Quality tested

INGREDIENTS per daily dose	3 capsules	% NRV*
Calcium	750 mg	94
Vitamin D3	20 µg	400

\* % OF NUTRIENT REFERENCE VALUES IN ACCORDANCE WITH EU REGULATION 1169/2011.

#### INGREDIENTS

Coral calcium, hydroxypropyl methyl cellulose (capsule shell), bulking agent: powdered cellulose, cholecalciferol (plant origin).

### RECOMMENDED DOSAGE

3 capsules daily taken before a meal with plenty of liquid.

#### NOTE

Food supplement in accordance with EU Directive 2002/46/EC

#### PACKAGE SIZE AND CONTENT

## 90 capsules (1 month supply), 71 g

Food supplement: The recommended daily dosage should not be exceeded. No substitute for a balanced and varied diet and a healthy lifestyle. Store in a dark, dry place at room temperature. Protect from heat. Keep out of reach of children. Suitable for diabetics. The information provided here is not a statement on healing or a recommendation to self-medicate. Vcaps<sup>®</sup> Plus is a trademark of Lonza or its affiliates, registered in the USA. Subject to print or typographical errors. Version 14.06.2022.



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