

# ConfiZym®



## To support digestion

### Digestive enzymes break down food into building blocks

Our bodies contain innumerable enzymes. These excipients are the drivers for many biochemical reactions and are indispensable for the metabolism. The task done by digestive enzymes is probably the most fundamental one in the body, as these enzymes are responsible for breaking down food components (e.g. proteins or fats) into their individual constituents. It is only in this way that food components can be absorbed into the blood via the mucous membranes and can thus be used by the metabolism or stored.

### ConfiZym®: With enzymes to break down fats, protein and carbohydrates

Biogena ConfiZym® is a natural enzyme complex containing pancreatin, bromelain, papain and lactase for the targeted intake of enzymes before a meal. The lactase within it also promotes the break down of milk sugars (lactose).

### Physiological functions of selected active ingredients:

- Lactase splits the milk sugar lactose into its different individual components galactose and glucose, and thus, improves lactose digestion in individuals who have problems digesting it. This group of people should take lactase before all lactose-containing meals. Lactose tolerance can vary and those affected should seek advice regarding the use of this enzyme in their diet.
- The mineral calcium supports the function of digestive enzymes.

### Possible use:

- For the targeted supply of protein, fat and carbohydrate cleaving enzymes directly before a meal

### Bioavailable micronutrients in a pure form

- Only active ingredients
- Free of additives
- Without colours, flavours or glazing agents
- Gluten-free
- Lactose-free
- Vegetable capsule shell
- Quality tested

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**BIOGENA**  
WELCOME TO YOURSELF

INGREDIENTS per daily dose	3 capsules	% NRV*
Pancreatin	750 mg	-
Bromelain	150 mg	-
Papain	150 mg	-
Lactase	75 mg	-
Calcium	120 mg	15
Sodium bicarbonate	150 mg	-

\* % OF NUTRIENT REFERENCE VALUES IN ACCORDANCE WITH EU REGULATION 1169/2011.

## INGREDIENTS

Pancreatin\*, coral calcium, hydroxypropyl methyl cellulose (capsule shell), bromelain (from pineapple), papain (contains **sulfites**), sodium bicarbonate, lactase\*\*.

## RECOMMENDED DOSAGE

3 x 1 capsule daily taken directly before a meal and with plenty of liquid.

## NOTE

Food supplement in accordance with EU Directive 2002/46/EC

## ADDITIONAL NOTE

Enzyme activities: Protease 3.0 FIP-E/mg Amylase 42.0 FIP-E/mg Lipase 45.0 FIP-E/mg Bromelain 6.0 FIP-E/mg Papain 60000 USP-E/mg Lactase 7500 FCC/mg

## PACKAGE SIZE AND CONTENT

90 capsules (1 month supply), 53 g

Food supplement: The recommended daily dosage should not be exceeded. No substitute for a balanced and varied diet and a healthy lifestyle. Store in a dark, dry place at room temperature. Protect from heat. Keep out of reach of children. The information provided here is not a statement on healing or a recommendation to self-medicate. Subject to print or typographical errors. Version 28.09.2018.



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