

Ester-C® Gold



With plant-based quercetin and rutin from elderflower extract

Vitamin C - the classic immune-system support

Vitamin C is primarily known for its effect on the immune system. However, vitamin C can do much more and is involved in many other processes in the body. Through its role in collagen formation, the water-soluble vitamin supports the normal functioning of the blood vessels. Furthermore, it is important for our antioxidative defence system: It contributes to protecting the cells against oxidative stress and recycles used vitamin E.

Biogena Ester-C® Gold: Vitamin C with 24h effect

Ester-C® Gold is a special vitamin C complex with stomach-friendly vitamin C and the vitamin C metabolite, L-threonate. L-threonate helps improve the uptake of vitamin C in the body and remains in the immune cells for a longer period. This non-acidic, stomach-friendly vitamin C complex is also recommended for sensitive individuals.

Physiological functions of the vital substance contained:

Vitamin C

- Contributes to the protection of cells from oxidative stress and contributes to the regeneration of the reduced form of vitamin E
- Supports the endogenous immune defence
- Is involved in the formation of collagen and thus supports the skin, gums, and blood vessels
- Increases iron uptake
- Helps reduce tiredness and fatigue

Possible uses:

- For targeted vitamin C intake with additional requirements, e.g. in competitive sports, smokers or environmental pollution
- To support the immune system, especially during and after intensive exercise
- Supports skin, blood vessels and gums

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Bioavailable micronutrients in pure form

- According to the pure substance principle
- Without colorants and flavorings
- Gluten-free
- Lactose-free
- Hypoallergenic
- Vegetable capsule shell
- 100% vegan
- Tested quality

INGREDIENTS per daily dose	1 Capsule	% NRV*
Ester-C®	650 mg	-
<i>containing: vitamin C</i>	500 mg	625
<i>containing: L-threonate</i>	7 mg	-
Elderflower extract	100 mg	-
<i>containing: rutin</i>	4 mg	-
Quercetin	10 mg	-
Grape extract	10 mg	-

* % OF NUTRIENT REFERENCE VALUES IN ACCORDANCE WITH EU REGULATION 1169/2011.

INGREDIENTS

Calcium-L-ascorbate/L-threonate , hydroxypropyl methyl cellulose (capsule shell), elderflower extract, bulking agent: powdered cellulose, quercetin, grape extract.

RECOMMENDED DOSAGE

1 capsule daily taken with a meal and plenty of liquid.

NOTE

Food supplement in accordance with EU Directive 2002/46/EC

PACKAGE SIZE AND CONTENT

90 capsules (3 month supply), 82 g
180 capsules (6 month supply), 164 g

Food supplement: The recommended daily dosage should not be exceeded. Not a substitute for a balanced and varied diet and a healthy lifestyle. Store in a dark, dry place at room temperature. Protect from heat. Keep out of reach of children. Suitable for diabetics. The information provided here is not a statement on healing or a recommendation to self-medicate. Vcaps® Plus is a trademark of Lonza or its affiliates, registered in the USA. Ester-C® and Ester-C® Logo are registered trademarks of The Ester-C Company. Subject to print or typographical errors. Version 13.11.2018.



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