

Ferrogena® 10



A Biogena iron star is born.

Can iron be gentle, well bioavailable and tolerated at the same time? Yes, it can. But behind the development of such preparations lies a great deal of experience, intuition and know-how. The Biogena science team is happy to take on this particular challenge. After all, for Biogena as a 361° health company, the development of compatible and efficient iron preparations is both a matter of honor and a matter of the heart. With a special vegetable iron compound as well as with deliberately gentle dosages, Biogena is breaking new ground as the iron expert in the premium supplement segment.

Ferrogena® 10 - iron with flair

Ferrogena® 10 is another great member of the Biogena iron ranks. With this buckwheat-based iron newcomer, Biogena product development has once again been able to demonstrate its excellent flair. The 100% vegan, gently dosed iron supplement combines excellent tolerability with optimal bioavailability. This makes the product ideal for people with sensitive needs. Iron absorption is also supported by the combination with natural vitamin C from acerola (12 mg), which ideally rounds off the product.

Why do we need iron?

Humans cannot live without oxygen. Neither without the dietary component iron. As elementary as these elements are in their existence, so elementary is their close connection to each other. As an indispensable component of the blood pigment hemoglobin and the muscle pigment myoglobin, iron not only brings color to life, it also binds vital oxygen to itself. Accordingly, the formation of red blood cells and the transport of oxygen are among the parade roles of iron. In addition to these indispensable tasks, iron is also important for a normal energy metabolism and helps to reduce tiredness and fatigue. In addition, the trace element contributes to normal cognitive functions, supports a normal immune defense and plays a role in cell division.

Ferrogena® 10 - Gentle iron.

- Iron from buckwheat germ powder in a gentle dosage of 10 mg
- Supplemented with 12 mg of natural vitamin C from acerola for better iron absorption
- The contained iron has a good bioavailability and tolerability
- Iron is important for the formation of red blood cells and hemoglobin, oxygen transport and energy metabolism
- Iron contributes to the reduction of fatigue and tiredness
- Iron supports the normal function of the immune system
- Vitamin C increases iron absorption

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BIOGENA
WELCOME TO YOURSELF

Possible uses

- To support the daily iron intake
- Suitable for people with sensitive needs
- To support blood formation and oxygen transport
- To reduce tiredness and fatigue symptoms

Bioavailable micronutrients in a pure form

- According to the pure substance principle
- Without colours and flavours
- Lactose-free
- Vegetable capsule shell
- 100 % vegan
- Quality tested

INGREDIENTS per daily dose	1 Capsule	% NRV*
Vitamin C (from acerola)	12 mg	15
Iron (from buckwheat)	10 mg	71

* % OF NUTRIENT REFERENCE VALUES IN ACCORDANCE WITH EU REGULATION 1169/2011.

INGREDIENTS

Buckwheat germ powder, hydroxypropyl methyl cellulose (capsule shell), acerola fruit juice powder.

RECOMMENDED DOSAGE

1 capsule daily with plenty of liquid. Preferably taken on an empty stomach or 1–2 hours after a meal.

NOTE

Food supplement in accordance with EU Directive 2002/46/EC

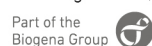
PACKAGE SIZE AND CONTENT

47 g, 60 capsules (2 month supply)

Food supplement: The recommended daily dosage should not be exceeded. No substitute for a balanced and varied diet and a healthy lifestyle. Store in a dark, dry place at room temperature. Protect from heat. Keep out of reach of children. Suitable for diabetics. The information provided here is not a statement on healing or a recommendation to self-medicate. Subject to print or typographical errors. Version: 29.06.2021.



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