# GlanduPlex



### To support hormone and neurotransmitter synthesis

#### The adrenal gland - a multifunctional organ

The adrenal gland is an important organ for the production of a large number of hormones. Through various stressregulating hormones and the production of the precursors of sex hormones, it fulfills important and far-reaching functions in the entire organism. Various micronutrients can support hormone and neurotransmitter synthesis.

#### Biogena GlanduPlex

GlanduPlex from Biogena is a combination of selected micronutrients, with pantothenic acid to support the formation and metabolism of steroid hormones, vitamin D and some neurotransmitters. Zinc also contributes to the maintenance of normal testosterone levels.

#### Physiological significance of some selected vital substances contained:

- Pantothenic acid contributes to the normal synthesis and normal metabolism of steroid hormones, vitamin D and some neurotransmitters

- Zinc contributes to the maintenance of normal testosterone levels
- Vitamin C and niacin support energy metabolism

#### **Possible applications:**

- To support the hormone metabolism
- For increased absorption of important vitamins and minerals

#### Bioavailable micronutrients in pure form

- Contains only active ingredients
- Free from additives
- Without colorants, flavorings and coatings
- Gluten-free
- Lactose-free
- Fructose-free
- Hypoallergenic
- Vegetable capsule shell
- 100 % vegetarian
- Tested quality

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INGREDIENTS per daily dose	1 Capsule	% NRV*
Pantothenic acid	167 mg	2783
Niacin (mg NE)	167 mg	1044
Vitamin C	167 mg	209
Vitamin E (mg alpha-TE)	67 mg	558
Vitamin A (µg RE)	1000 µg	125
Folic acid (Extrafolate-S®)**	150 µg	75
Zinc	10 mg	100

\* % OF NUTRIENT REFERENCE VALUES IN ACCORDANCE WITH EU REGULATION 1169/2011.

#### INGREDIENTS

Calcium-L-ascorbate, calcium-D-pantothenate, nicotinamide, D-alpha tocopheryl acetate, hydroxypropyl methyl cellulose (capsule shell), zinc bisglycinate, retinyl acetate, bulking agent: powdered cellulose, calcium-L-methylfolate.

## RECOMMENDED DOSAGE

1 capsule daily taken with plenty of liquid.

#### NOTE

Food supplement in accordance with EU Directive 2002/46/EC

#### ADDITIONAL NOTE

\*\*in activated form

#### PACKAGE SIZE AND CONTENT

#### 90 capsules (pack for 3 months), 72 g

Food supplement: The recommended daily dosage should not be exceeded. Not a substitute for a balanced and varied diet and a healthy lifestyle. Store in a dark, dry place at room temperature. Protect from heat. Keep out of reach of children. Suitable for diabetics. The information provided here is not a statement on healing or a recommendation to self-medicate. Vcaps® Plus is a trademark of Lonza or its affiliates, registered in the USA. Extrafolate-S® is a registered trademark of Gnosis S.p.A. Subject to print or typographical errors. Version: 30.11.2023.



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