

IMMUN BUNDLE



The ideal partners for your immune system

The Biogena Immune Bundle combines our popular immune classics Ester C® Gold, Vitamin D3 Tropfen and Zinkcitrat 30 in one set. The basis for a functioning immune system.

Vitamin D3 Tropfen

Vitamin D3 in liquid form for easy application ensures your daily supply of vitamin D and supports your immune system. As a single drop already contains the recommended daily dosage of 25 µg (= 1000 I.U.), taking multiple drops is a thing of the past. Another plus: at Biogena we use pleasantly neutral tasting sunflower oil instead of palm oil.

Ester C Gold®

Ester-C® Gold is a special and patented vitamin C complex with a buffered, almost pH-neutral vitamin C form and the vitamin C metabolite L-threonate. With L-threonate, vitamin C is better absorbed into the body and stays longer in the immune cells. This non-acidic, well-tolerated vitamin C complex is also suitable for sensitive individuals. The smart combination with quercetin, grape seed extract and elderflower extract give the product the finishing touch.

Zinkcitrat 30

Zinc is part of more than 300 enzyme systems and supports various functions of the immune system. With 30 mg of zinc per capsule in the highly bioavailable, organic citrate form, Biogena Zinkcitrat 30 is suitable for covering special zinc requirements and can contribute to a sustainable micronutrient supply as an additional component of a balanced diet. Consumption of one capsule every other day covers the daily reference amount of 15 mg of zinc.

Immune Bundle

- Vitamin D, vitamin C and zinc support the normal function of the immune system
- Zinc and vitamin C contribute to the protection of cells against oxidative stress
- The daily supplementary intake of at least 200 mg vitamin C in addition to the recommended daily dose is important for athletes: it supports the healthy function of the immune system during and after intense physical activity

Biogena GmbH & Co KG
Strubergasse 24, A-5020 Salzburg, [biogena.com](mailto:info@biogena.com)

Part of the
Biogena Group 

Toll-free Infoline Austria: T +43 662 23 11 11, info@biogena.com
Infoline Germany, Italy and International: T +49 8654 774 00-0, deutschland@biogena.com,
italien@biogena.com, worldwide@biogena.com
Infoline Switzerland: T +41 43 215 20 59, schweiz@biogena.com

Online orders: [biogena.com](https://www.biogena.com)



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WELCOME TO YOURSELF

Possible uses:

- To maintain the function of the normal immune system
- To support the immune system, especially during and after intensive exercise
- To protect the cells from oxidative stress
- For the supply of high-dose zinc for special requirements
- For targeted vitamin C intake with additional requirements, eg. in competitive sports, smokers or environmental pollution
- For targeted vitamin D supplementation

Bioavailable micronutrients in a pure form

- According to the pure substance principle
- Gluten-free
- Lactose-free
- Hypoallergenic
- Vegetable capsule shell
- Quality tested

INGREDIENTS per daily dose (Vitamin D3 Tropfen)	1 drop	% NRV*
Vitamin D3	25 µg	500
<i>corresponds to I.U.</i>	1000	-

* % OF NUTRIENT REFERENCE VALUES IN ACCORDANCE WITH EU REGULATION 1169/2011.

INGREDIENTS

Sunflower oil (*Helianthus annuus*), cholecalciferol.

INGREDIENTS per daily dose (Ester C® Gold)	1 pieces	% NRV*
Ester-C®	650 mg	-
<i>containing: vitamin C</i>	500 mg	625
<i>containing: L-threonate</i>	7 mg	-
Elderflower extract	100 mg	-
<i>containing: rutin</i>	4 mg	-
Quercetin	10 mg	-
Grape seed extract	10 mg	-

* % OF NUTRIENT REFERENCE VALUES IN ACCORDANCE WITH EU REGULATION 1169/2011.

INGREDIENTS

Calcium-L-ascorbate/L-threonate , hydroxypropyl methyl cellulose (capsule shell), elderflower extract, bulking agent: powdered cellulose, quercetin, grape seed extract (*Vitis vinifera*).

INGREDIENTS per daily dose (Zinkcitrat 30)	1 capsule every 2nd day	% NRV*
Zinc	15 mg	150

* % OF NUTRIENT REFERENCE VALUES IN ACCORDANCE WITH EU REGULATION 1169/2011.

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italien@biogena.com, worldwide@biogena.com
Infoline Switzerland: T +41 43 215 20 59, schweiz@biogena.com

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INGREDIENTS

Bulking agent: calcium carbonate, zinc citrate, hydroxypropyl methyl cellulose (capsule shell).

RECOMMENDED DOSAGE

Vitamin D3 drops: Consume 1 drop daily with a meal. Ester C® Gold: Take 1 capsule daily with plenty of liquid with a meal. Zinc citrate 30: Consume 1 capsule every 2nd day with plenty of liquid at a meal. This corresponds to a daily intake of 15 mg of zinc. It is recommended to limit the intake to a few weeks/months.

NOTE

Food supplement in accordance with EU Directive 2002/46/EC

IMPORTANT NOTICE

Zinc citrate 30 is only suitable for adults

PACKAGE SIZE AND CONTENT

Vitamin D3 Tropfen: 25 ml


Ester C® Gold: 90 capsules (3 month supply), 82 g

Zinkcitrat 30: 60 capsules (4 month supply), 19 g

Food supplement: The recommended daily dosage should not be exceeded. No substitute for a balanced and varied diet and a healthy lifestyle. Store in a dark, dry place at room temperature. Protect from heat. Keep out of reach of children. Suitable for diabetics. The information provided here is not a statement on healing or a recommendation to self-medicate. Subject to print or typographical errors. Version: 29.11.2021.



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Toll-free Infoline Austria: T +43 662 23 11 11, info@biogena.com
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Infoline Switzerland: T +41 43 215 20 59, schweiz@biogena.com

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