

Junior Multi Bo® 13



Vitamins, iron, iodine and extra vitamin D in micronutrient pearls

Childhood: A central phase of life

Childhood development is a crucial phase in life. For healthy growth and optimal development, children need sufficient vitamins and minerals including vitamin D, iodine and iron in balanced ratios as part of their diet. A diet rich in vital nutrients that includes fresh fruit and vegetables, regular consumption of sea fish, low-fat dairy products and whole grains is the best foundation for this. However, these foods are not necessarily at the top of the list of favourite meals for many children. Studies such as the German EsKiMo study confirm that not all children and adolescents prefer healthy foods.

Additional nutrients meet the required demand

Food supplements do not replace a healthy diet, especially in children. But child-friendly food supplements can contribute to a daily supply of nutrients, especially in times of increased requirement.

Junior Multi Bo®13 NutriGelllets®: With colourful, micronutrient pearls without added colours

Junior Multi Bo® 13 contains colourful micronutrient pearls (NutriGelllets®) without added colours with 13 vitamins, iron and iodine in a child-friendly dose. Protected by the fish gelatin matrix, the micronutrient pearls can also be taken with the capsule shell removed. For example, they can be sprinkled into a glass of water or over a meal. In this case, we recommend rinsing the mouth with water afterwards. Free of colours and additives.

Physiological importance of selected micronutrients contained:

- Vitamin C, D, B6, B12, folic acid and iron support the normal function of the immune system vitamin D is important for the development of a child's skeletal system
- The trace element iodine supports children's growth
- Iron contributes to normal cognitive development in children
- Vitamin C, D, B6, B12, folic acid and iron support the normal function of the immune system

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Bioavailable micronutrients in pure form

- according to the pure substance principle
- Without colorants, flavorings and coating substances
- Gluten-free
- Lactose-free
- Fructose-free
- Vegetable capsule shell
- Tested quality

INGREDIENTS per daily dose	2 capsules	% NRV*
Vitamin C	40 mg	50
Niacin (mg NE)	20 mg	125
Vitamin E (mg alpha-TE)	14 mg	117
Pantothenic acid	12 mg	200
Riboflavin (vitamin B2)	2.2 mg	157
Beta-carotene	2 mg	-
<i>corresponds to vitamin A (µg RE)</i>	334 µg	42
Thiamine (vitamin B1)	1.6 mg	145
Vitamin B6	1.4 mg	100
Folic acid	400 µg	200
Vitamin K1	90 µg	120
Biotin	50 µg	100
Vitamin D3	20 µg	400
Vitamin B12	3 µg	120
Iron	6 mg	43
Iodine	180 µg	120

* % OF NUTRIENT REFERENCE VALUES IN ACCORDANCE WITH EU REGULATION 1169/2011.

INGREDIENTS

fish gelatin, hydroxypropyl methyl cellulose (capsule shell), calcium-L-ascorbate, ferrous bisglycinate, nicotinamide, D-alpha-tocopherol, calcium-D-pantothenate, cholecalciferol, beta-carotene, riboflavin, thiamine mononitrate, pyridoxine hydrochloride, folic acid, potassium iodide, phylloquinone, D-biotin, methylcobalamin.

RECOMMENDED DOSAGE

Children from 4-9 years: 1 capsule daily taken with plenty of liquid. Children of 10 years and older: 2 capsules daily taken with plenty of liquid.

NOTE

Food supplement in accordance with EU Directive 2002/46/EC

IMPORTANT NOTICE

Patients who take anticoagulants should consult their doctor before taking vitamin K products.

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PACKAGE SIZE AND CONTENT

120 capsules (2 to 4 month supply), 63 g

Food supplement: The recommended daily dosage should not be exceeded. Not a substitute for a balanced and varied diet and a healthy lifestyle. Store in a dark, dry place at room temperature. Protect from heat. Keep out of reach of children. Suitable for diabetics. The information provided here is not a statement on healing or a recommendation to self-medicate. Subject to print or typographical errors. Version: 09.06.2023.



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