

# Kaliumcitrat



**To support the blood pressure, for muscles and nerves**

## Going bananas? Potassium – The positive ion with multiple tasks

Potassium is an important electrolyte in the human body, and is therefore a term many sports fans know: The potassium-rich banana after running or cycling has already been a symbol of optimum sport food for decades and is often included in the fixed repertoire of hobby athletes. Potassium supports, however, not only the musculature, it also serve to maintain the nerve functions. Furthermore, don't forget that potassium helps the blood pressure. Alternatives in the form of high-quality micronutrient preparations offer themselves for people with a high requirement. Biogena Kaliumcitrat contains high doses of potassium in an easily absorbed compound.

### Potassium citrate:

- Contains high doses of potassium in the form of a compound that is easily absorbed by the body
- Supports the functions of the nervous system and the musculature
- Contributes to maintaining a normal blood pressure

### Possible uses:

- For targeted potassium intake, when the body needs more
- For nutritional support of blood pressure
- To support normal muscle and nerve functions

### Bioavailable micronutrients in a pure form

- Only active ingredients
- Free of additives
- Without colours, flavours or glazing agents
- Gluten-free • Lactose-free
- Fructose-free
- Hypoallergenic
- Vegetable capsule shell
- 100 % vegan
- Quality tested

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INGREDIENTS per daily dose	4 capsules	% NRV*
Potassium	1500 mg	75

\* % OF NUTRIENT REFERENCE VALUES IN ACCORDANCE WITH EU REGULATION 1169/2011.

## INGREDIENTS

Potassium citrate, hydroxypropyl methyl cellulose (capsule shell).

## RECOMMENDED DOSAGE

2 x 2 capsules daily taken outside mealtimes with plenty of liquid.

## NOTE

Food supplement in accordance with EU Directive 2002/46/EC


## PACKAGE SIZE AND CONTENT

120 capsules (1 month supply), 126 g

Food supplement: The recommended daily dosage should not be exceeded. No substitute for a balanced and varied diet and a healthy lifestyle. Store in a dark, dry place at room temperature. Protect from heat. Keep out of reach of children. Suitable for diabetics. The information provided here is not a statement on healing or a recommendation to self-medicate. Subject to print or typographical errors. Version: 19.10.2023 Not a medicinal product.



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