# Maca Energy



# Plant-based active complex for physical and mental vitality

#### Plants used as sources of vitality and energy

Today, time and rest have become a precious commodity in our society. If everything takes place even faster and occupational, familial and psychological stresses become a part of life, most of us no longer have the necessary time and rest periods. This results in stress and hecticness. Many cultures traditionally use specific plants and their extracts to support the physical and mental vitality in a targeted manner. The effect of plant-based extracts from the maca bulb, ginseng root and guarana plant is scientifically well documented.

#### Biogena Maca Energy: Vitality and performance for man and woman

Biogena Maca Energy contains standardised plant extracts from maca, ginseng root and guarana. The maca extract contained supports the physical and mental performance, whereas the extracts from ginseng and guarana help maintain the physical and psychological vitality. Contains natural caffeine.

#### Physiological importance of the vital substances contained:

- Maca supports physical and mental performance
- Ginseng and guarana reduce fatigue and contribute to vigilance and cognitive performance

#### Possible uses:

- To provide nutritional support for resistance towards stress
- To give men and women more energy and drive

# Bioavailable micronutrients in a pure form:

- According to the pure substance principle
- Without colours, flavours or glazing agents
- Gluten-free
- Lactose-free
- Hypoallergenic
- Vegetable capsule shell
- 100 % vegan
- Quality tested

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INGREDIENTS per daily dose	3 capsules	% NRV*
Maca extract	600 mg	-
Ginseng root extract	300 mg	-
Guarana extract	300 mg	-
contains: caffeine	48 mg	-

<sup>\* %</sup> OF NUTRIENT REFERENCE VALUES IN ACCORDANCE WITH EU REGULATION 1169/2011.

#### **INGREDIENTS**

Maca extract, ginseng root extract, guarana extract, hydroxypropyl methyl cellulose (capsule shell), bulking agent: powdered cellulose.

# RECOMMENDED DOSAGE

3 x 1 capsule daily taken with plenty of liquid.

# NOTE

Food supplement in accordance with EU Directive 2002/46/EC

# IMPORTANT NOTICE

Contains natural caffeine. Not recommended for children or pregnant women.

#### PACKAGE SIZE AND CONTENT

90 capsules (1 month supply), 44 g

Food supplement: The recommended daily intake should not be exceeded. The product should not be used as a substitute for a varied diet and a healthy lifestyle. Store at room temperature in a dry place and protected from light. Protect from heat. Keep out of the reach of children. Suitable for diabetics. The information provided here is not a statement on healing or a recommendation to self-medicate. Subject to print or typographical errors. Version 10.10.2018.











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