# MaculaPlex<sup>®</sup> 1 - 2



## Micronutrient complex to maintain normal eyesight

## Give your eyes a new lease of life

Colours, shapes and impressions not only enrich our lives, they also provide us with important information about the world we live in. The eyes are the most important sensory organs for us human beings. 80 % of our impressions are captured by our eyes and thereby creating an exact image of the world around us. However, as we grow older we can find it increasingly difficult to read, watch TV or even recognise faces. This is not only a result of the normal aging process but also caused by so called "free radicals", which, for instance, can be created by UV radiation and lead to oxidative stress. Therefore, it is essential to support and maintain our eyesight as good as possible. Biogena MaculaPlex® was developed with this in mind and contains micronutrients that support the eye and can maintain eyesight. It contains two perfectly matched individual preparations and is based on the current state of science: MaculaPlex® 1 contains a combination of micronutrients with antioxidative properties complemented by the omega-3 fatty acids contained in MaculaPlex® 2, and thus can play a comprehensive role in maintaining normal vision.

## MaculaPlex®:

- Contains a combination of antioxidative micronutrients and the omega-3 fatty acid DHA (docosahexaenoic acid)
- The omega-3 fatty acid DHA\*\*, vitamin A and the trace element zinc contribute to maintaining normal vision
- The vitamins C and E and the trace elements zinc and selenium help protect the cells against oxidative stress.
- With the carotenoids lutein, zeaxanthin, astaxanthin and beta-carotene

(\*\*The positive effect occurs with a daily intake of 250 mg DHA.)

# Possible uses:

- To maintain normal vision, especially in older age
- To protect against oxidative stress with antioxidative micronutrients

## Bioavailable micronutrients in a pure form:

- According to the pure substance principle
- Without colours, flavours or glazing agents
- Gluten-free
- Lactose-free
- Quality tested

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INGREDIENTS per daily dose ( Macula Plex 1 )	1 Capsule	% NRV*
Vitamin C	140 mg	175
Vitamin E (mg alpha-TE)	24 mg	200
Vitamin A (µg RE)	1500 µg	188
from retinyl acetate from beta-carotene	800 μg 700 μg	100 -
Vitamin D3	25 µg	500
Zinc	10 mg	100
Selenium	55 µg	100
Lutein	20 mg	-
Beta-carotene	4.2 mg	-
Zeaxanthin	2 mg	-
Astaxanthin	0.5 mg	-
Ubiquinol (KANEKA UBIQUINOL™)	10 mg	-

\* % OF NUTRIENT REFERENCE VALUES IN ACCORDANCE WITH EU REGULATION 1169/2011.

#### **INGREDIENTS**

Calcium-L-ascorbate, hydroxypropyl methyl cellulose (capsule shell), marigold extract (contains lutein and zeaxanthin), D-alpha tocopheryl acetate, zinc picolinate, bulking agent: powdered cellulose, ubiquinol (contains **soybean**), beta-carotene, paprika extract (contains zeaxanthin), astaxanthin-rich oleoresin from Haematococcus pluvialis algae, sodium selenite, cholecalciferol, retinyl acetate.

INGREDIENTS per daily dose (Macula Plex 2)	1 Capsule	% NRV*
Fish oil concentrate	500 mg	-
containing: docosahexaenoic acid (DHA)	250 mg	-
Vitamin E (mg alpha-TE)	8 mg	67

\* % OF NUTRIENT REFERENCE VALUES IN ACCORDANCE WITH EU REGULATION 1169/2011.

# INGREDIENTS

fish oil concentrate, capsule shell (gelatine from fish, humectant: glycerol), D-alpha-tocopherol, mixed tocopherols.

## RECOMMENDED DOSAGE

MaculaPlex<sup>®</sup> 1: 1 capsule daily preferably taken in the evening and outside meal times with plenty of liquid. MaculaPlex<sup>®</sup> 2: 1 capsule daily taken with a meal and plenty of liquid.

## NOTE

Food supplement in accordance with EU Directive 2002/46/EC

# ADDITIONAL NOTE

MaculaPlex<sup>®</sup> 1 should not be consumed by infants, children and adolescents under 14 years of age.

# PACKAGE SIZE AND CONTENT

MaculaPlex<sup>®</sup> 1: 60 capsules (2 month supply), 34 g MaculaPlex<sup>®</sup> 2: 60 capsules (2 month supply), 40 g

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