Marines Omega-3 liquid



To support cognitive performance and heart function

Omega-3 fatty acids in liquid form

In order to expand the range of our omega-3 products, we now offer our high-quality omega-3 fatty acids as a liquid because diversity is very important at Biogena. The advantage is obvious: People who are reluctant to take capsules can easily and efficiently ensure their daily intake of essential omega-3 fatty acids with the Marines Omega-3 liquid. In addition, the product has a pleasant taste and is particularly suitable for people who do not like the taste of fish. Valuable omega-3 fatty acids are mainly obtained by consuming fish and fish products. For people who rarely or never eat fish, Marines Omega-3 liquid is ideal for increasing daily omega-3 intake.

Marines Omega-3 liquid:

- High-quality omega-3 fatty acids in liquid form
- EPA and DHA contribute to normal cardiac function*.
- DHA contributes to the maintenance of normal brain and visual function**.
- * The positive effect occurs with a daily intake of 250 mg EPA and DHA.
- ** The positive effect occurs with a daily intake of 250 mg DHA.

Possible uses:

- For targeted intake of high-quality fish oil in liquid form
- To support heart function
- For the maintenance of normal brain function and eye sight

Bioavailable micronutrients in a pure form

- According to the pure substance principle
- Without colours or glazing agents
- Gluten-free
- Fructose-free
- Lactose-free
- Quality tested

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INGREDIENTS per daily dose	5 ml	% NRV*
Omega-3 fatty acids	1100 mg	-
containing: docosahexaenoic acid (DHA)	500 mg	-
containing: eicosapentaenoic acid (EPA)	350 mg	-

^{* %} OF NUTRIENT REFERENCE VALUES IN ACCORDANCE WITH EU REGULATION 1169/2011.

INGREDIENTS

fish oil, natural flavouring, antioxidants: tocopherol-rich extract.

RECOMMENDED DOSAGE

5 ml daily taken with a meal. Pregnant and breastfeeding women: 2.5 ml daily taken with a meal.

NOTE

Food supplement in accordance with EU Directive 2002/46/EC

ADDITIONAL NOTE

The daily dose of 5 ml is not suitable for pregnant and breastfeeding women.

PACKAGE SIZE AND CONTENT

150 ml

Food supplement: The recommended daily dosage should not be exceeded. No substitute for a balanced and varied diet and a healthy lifestyle. Store in a cool place protected from direct light. Keep out of reach of children. Shake before opening. Some lumps may appear with this fish oil, but this does not adversely affect product quality. Use within 6 weeks after opening. Suitable for diabetics. The information provided here is not a statement on healing or a recommendation to self-medicate. Subject to print or typographical errors. Version 105.03.2021







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