

Omega 3 forte 700



Highly-concentrated premium fish oil with vitamin E in a fish-derived capsule

Omega-3 fatty acids: Valuable in the right quality

Long-term scientific studies increasingly substantiate the importance of omega-3 fatty acids for us humans. The daily intake of these essential fatty acids significantly contributes, for example, to maintaining normal cardiac functions. Also concentrated fish oil capsules can contribute to the daily omega-3 fatty acid intake - but not all products are ideal for a targeted supply. It is well worth taking a closer look at the differences in quality between the various capsules on offer, because most fish oils do not contain the important omega-3 fatty acids in sufficient quantities. Omega 3 forte 700 now contains even higher concentrations of valuable omega-3 fatty acids. Each capsule supplies 400 mg EPA (eicosapentaenoic acid) and 300 mg DHA (docosahexaenoic acid) from quality-tested, high-concentration fish oil concentrate. The highly purified premium fish oil is among the leading products in this sector. Specially selected fish stocks from uncontaminated waters with certified quality are the basis for high-quality fish oil. The first steps of the special process include cleaning it and removing any foreign substances such as heavy metals. The important omega-3 fatty acids are then concentrated and standardised so that a consistently high proportion can be guaranteed.

Physiological importance of some selected vital substances contained:

- The daily total intake of 250 EPA and DHA contributes to maintaining normal cardiac functions
- Vitamin E helps protect the cells against oxidative stress due to its antioxidant properties


Possible uses:

- For the nutritional support of the normal cardiac functions
- To improve the intake of the vital omega-3 fatty acids DHA and EPA, especially in cases of low fish consumption, an aversion to fish, or in cases of increased requirement

Bioavailable micronutrients in a pure form

- According to the pure substance principle
- Without colouring and flavouring
- Gluten-free
- Fructose-free
- Lactose-free
- Quality tested

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INGREDIENTS per daily dose	2 capsules	% NRV*
Fish oil concentrate	2000 mg	-
<i>containing: eicosapentaenoic acid (EPA)</i>	800 mg	-
<i>containing: docosahexaenoic acid (DHA)</i>	600 mg	-
Vitamin E (mg alpha-TE)	20 mg	167

* % OF NUTRIENT REFERENCE VALUES IN ACCORDANCE WITH EU REGULATION 1169/2011.

INGREDIENTS

fish oil concentrate, capsule shell (gelatine from **fish**, humectant: glycerol), D-alpha-tocopherol, mixed tocopherols.

RECOMMENDED DOSAGE

2 capsules daily taken with a meal and plenty of liquid.

NOTE

Food supplement in accordance with EU Directive 2002/46/EC

PACKAGE SIZE AND CONTENT

90 capsules (1,5 month supply), 121 g

Food supplement: The recommended daily dosage should not be exceeded. No substitute for a balanced and varied diet and a healthy lifestyle. Store in a dark, dry place at room temperature. Protect from heat. Keep out of reach of children. Suitable for diabetics. The information provided here is not a statement on healing or a recommendation to self-medicate. Subject to print or typographical errors. Version 09.10.2018.



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