

Omega 3 vegan DHA 250



Plant-based docosahexaenoic acid derived from algae

Omega-3 fatty acids from sustainable microalgae cultures

Overfishing around the world presents an ever growing problem because the fish stocks will decline in the mid-term and as a result, this important food source cannot be sustainably developed. Although aquaculture offers an alternative, this is often linked with the contamination and destruction of sensitive ecological areas. Since wild fish accumulate eicosapentaenoic acid (EPA) and docosahexaenoic acid (DHA) through the consumption of marine algae, the cultivation of these algae represents a more expedient and more sustainable way of ensuring the supply of omega-3 fatty acids. The DHA contained in Biogena Omega 3 DHA vegan originates from the microalga *Schizochytrium* sp. and offers vegans and vegetarians a high-quality alternative to animal-based food sources.

Omega 3 DHA vegan

- Contains DHA from a vegan food source (microalga *Schizochytrium* sp.)
- DHA promotes the maintenance of a normal brain function (*)
- DHA promotes the maintenance of normal eye sight (*)

(*) The positive effects occur with a daily intake of 250 mg DHA.

Possible uses:

- For the targeted intake of the omega-3 fatty acid docosahexaenoic acid for vegetarians and vegans
- For the maintenance of normal brain function and eye sight

Bioavailable micronutrients in pure form

- According to the pure substance principle
- Without colouring and flavouring
- Gluten-free
- Lactose-free
- 100 % vegan
- Hypoallergenic
- Tested quality

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INGREDIENTS per daily dose	1 Capsule	% NRV*
Oil from microalgae Schizochytrium sp.	626 mg	-
<i>containing: docosahexaenoic acid (DHA)</i>	250 mg	-
Vitamin E (mg alpha-TE)	8 mg	67

* % OF NUTRIENT REFERENCE VALUES IN ACCORDANCE WITH EU REGULATION 1169/2011.

INGREDIENTS

Oil from microalgae Schizochytrium sp., capsule shell (modified starch, humectant: glycerol; gelling agent: carrageenan), sunflower oil, D-alpha-tocopherol, antioxidants: extracts of rosemary, tocopherol-rich extract, ascorbyl palmitate.

RECOMMENDED DOSAGE

1 capsule daily taken with a meal and plenty of liquid.

NOTE

Food supplement in accordance with EU Directive 2002/46/EC


PACKAGE SIZE AND CONTENT

60 capsules (2 month supply), 48 g

Food supplement: The recommended daily dosage should not be exceeded. No substitute for a balanced and varied diet and a healthy lifestyle. Store in a dark, dry place at room temperature. Protect from heat. Keep out of reach of children. Suitable for diabetics. The information provided here is not a statement on healing or a recommendation to self-medicate. life'sDHA® is a trademark of DSM. Subject to print or typographical errors. Version 14.01.2019.



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