

# Osteo Caldebor® vegan



## Osteo Caldebor® vegan - For stable bones completely without animal ingredients

The human skeleton fulfills a whole range of functions: it serves us as a supporting apparatus, protects our vulnerable organs and houses important nerve pathways. For this purpose, the bone substance must be correspondingly hard and resistant. At the same time, however, bones are also dynamic tissues, as we can see from their growth in youth, and from their regeneration after injury. This is possible, among other things, because bones consist of a soft and a hard part. The soft part is a structure of connective tissue, and the hard part is the minerals stored in it, mainly calcium and phosphorus. These minerals enter the bones from the blood, but they can also, if necessary, be released from the bones back into the blood. The bones are therefore in a constant process of formation and degradation. Osteo Caldebor® vegan contains a refined mixture of vitamins and minerals that optimally supports the skeleton during the demands of everyday life. It does not contain any animal ingredients at all.

Biogena Osteo Caldebor® vegan provides natural calcium from the calcareous alga *Lithothamnium calcareum*, as well as phosphorus, magnesium, manganese and zinc, which support the maintenance of stable bones. Also important for bone health are vitamins D and K. Vitamin D contributes to the utilization of calcium and phosphorus. For this vegan product, vitamin D3 is derived from algae. The premium raw material K2VITAL® guarantees quality-tested vitamin K2 in the effective all-trans MK-7 form. Osteo Caldebor® vegan is completed by boron and copper as well as polyphenols from valuable green tea and olive leaf extracts. Osteo Caldebor® vegan - a premium product for all those who care about their bone health and prefer a vegan and vegetarian diet.

## Osteo Caldebor® vegan

- With minerals and vitamins to maintain stable bone structures
- Calcium and phosphorus are needed to maintain normal bones and teeth
- Magnesium, zinc, manganese and vitamin K contribute to the maintenance of normal bones
- Manganese contributes to normal connective tissue formation
- Copper supports the maintenance of normal connective tissue
- Vitamin D contributes to the absorption and utilization of calcium and phosphorus and to normal blood calcium levels. It has a function in cell division and contributes to the maintenance of normal bones and teeth
- With valuable polyphenols from green tea and olive leaves

Biogena GmbH & Co KG  
Strubergasse 24, A-5020 Salzburg, [biogena.com](http://biogena.com)

Part of the  
Biogena Group 

**Toll-free Infoline Austria:** T +43 662 23 11 11, [info@biogena.com](mailto:info@biogena.com)  
**Infoline Germany, Italy and International:** T +49 8654 774 00-0, [deutschland@biogena.com](mailto:deutschland@biogena.com),  
[italien@biogena.com](mailto:italien@biogena.com), [worldwide@biogena.com](mailto:worldwide@biogena.com)  
**Infoline Switzerland:** T +41 43 215 20 59, [schweiz@biogena.com](mailto:schweiz@biogena.com)

Online orders: [biogena.com](http://biogena.com)



### Possible applications

- For the targeted supply of bone-relevant micronutrients
- To maintain stable bone structures for an active life in all situations
- As a source of the trace elements boron and copper
- As a nutritive contribution to the support of connective tissue, bones and teeth
- For the targeted supply of valuable polyphenols from green tea and olive leaf

### Bioavailable micronutrients in pure form

- According to the pure substance principle
- Without colorants and flavors
- Gluten-free
- Lactose-free
- 100 % vegan
- Hypoallergenic
- Tested quality

| INGREDIENTS per daily dose                  | 3 capsules | % NRV* |
|---|------------|--------|
| Vitamin K2 (K2VITAL®)                       | 50 µg      | 67     |
| Vitamin D3                                  | 25 µg      | 500    |
| Osteo Caldebor® Blend                       | 1820 mg    | -      |
| <i>containing: Calcium</i>                  | 500 mg     | 63     |
| <i>containing: phosphorus</i>               | 190 mg     | 27     |
| <i>containing: magnesium</i>                | 150 mg     | 40     |
| Zinc  | 7.5 mg     | 75     |
| Boron                                       | 3 mg       | -      |
| Manganese                                   | 2 mg       | 100    |
| Copper                                      | 1 mg       | 100    |
| Polyphenols (total)                         | 200 mg     | -      |
| <i>containing: Epigallocatechin gallate</i> | 33 mg      | -      |

\* % OF NUTRIENT REFERENCE VALUES IN ACCORDANCE WITH EU REGULATION 1169/2011.

### INGREDIENTS

Osteo Caldebor® Blend (calcium salts of orthophosphoric acid, lime alga (*Lithothamnium calcareum*), magnesium citrate, magnesium oxide, magnesium gluconate, magnesium carbonate, calcium glycerophosphate), hydroxypropyl methyl cellulose (capsule shell), green tea extract, olive leaf extract, bulking agent: powdered cellulose, vitamin K2 (menaquinone-7), zinc citrate, manganese gluconate, boric acid, Cholecalciferol (from algae), cupric citrate

### RECOMMENDED DOSAGE

3 x 1 capsule daily taken with a meal and plenty of liquid.

### NOTE

Food supplement in accordance with EU Directive 2002/46/EC

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**Toll-free Infoline Austria:** T +43 662 23 11 11, info@biogena.com  
**Infoline Germany, Italy and International:** T +49 8654 774 00-0, deutschland@biogena.com,  
italien@biogena.com, worldwide@biogena.com  
**Infoline Switzerland:** T +41 43 215 20 59, schweiz@biogena.com

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**BIOGENA**  
WELCOME TO YOURSELF

## IMPORTANT NOTICE

Consume a maximum of 800 mg epigallocatechin gallate per day. Pregnant or lactating women and children under 18 years of age should not consume Osteo Caldebor® vegan. The product should not be taken on an empty stomach or on the same day with other green tea products.

## PACKAGE SIZE AND CONTENT

90 capsules (pack for 1 month), 74 g

Food supplement: The recommended daily dosage should not be exceeded. No substitute for a balanced and varied diet and a healthy lifestyle. Store in a dark, dry place at room temperature. Protect from heat. Keep out of reach of children. Suitable for diabetics. The information provided here is not a statement on healing or a recommendation to self-medicate. Subject to print or typographical errors. Version: 20.05.2021



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[italien@biogena.com](mailto:italien@biogena.com), [worldwide@biogena.com](mailto:worldwide@biogena.com)  
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