# PycnoCardio® Q10 Gold



# With vitamin B1 for maintaining heart function

### PvcnoCardio® Q10 Gold – with vitamin B1 for the heart

PycnoCardio® Q10 Gold is a well thought-out active ingredient concept with coenzyme Q10 in the active form ubiquinol (KANEKA Ubiquinol™) from the world market leader Kaneka, with proanthocyanidins from maritime pine bark extract (Pycnogenol®) and grape seed extract in combination with the two radical scavengers vitamins C and E and heart vitamin B1. Vitamins C and E are important protective factors in the fight against harmful free radicals by scavenging them. Sea pine bark extract also specifically protects the vascular walls and supports blood circulation, while vitamin B1 (thiamine) helps to maintain heart function.

### Extracts from maritime pine bark and grape seeds: active ingredients from nature

The maritime pine (Pinus pinaster), also known as the maritime pine or Bordeaux pine, is native to the Atlantic coast of France and can grow to be 300 years old. As early as the 4th century, the ancient Greek Hippocrates already appreciated the bark of this tree - and Hippocrates also saw more than just the truth in grape wine. Nowadays it is known that maritime pine bark extract is particularly rich in the valuable plant substances "proanthocyanidins" and "polyphenols". The targeted supply of maritime pine bark extract protects the vascular walls and supports normal blood circulation.

### Pycnogenol® – It's worth paying attention to quality

Pycnogenol® is a 100 % natural maritime pine bark extract with a standardised content of proanthocyanidins. This patented raw material is unique in many ways:

# • Unique source

Pycnogenol® is obtained from the bark of maritime pine trees (Pinus pinaster), which thrive in Les Landes de Gascogne, a forested area in southwest France. In this unpolluted, natural habitat, it is possible for pines to grow free from pesticides and herbicides. The premium quality of the ingredients contained in Pycnogenol® remains constant due to the bark not being subject to seasonal fluctuations, unlike other plants. The Pycnogenol® extraction is patented, performed without the use of toxic solvents and is subject to the highest quality standards.

# • Unique composition

Pycnogenol® is a natural combination of active ingredients with a constant amount of proanthocyanidins, bioflavonoids and organic acids with natural active properties. Maritime pine bark extract protects the vascular walls and supports circulation.

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# • Unique science

For over 40 years, Horphag, the manufacturer of Pycnogenol®, has been working on the properties, safety and quality of the extract. To date, more than 130 clinical studies have been performed on, and more than 300 scientific publications written about, the independent extract. Pycnogenol® is protected by a number of U.S. and international patents. Furthermore, the raw material is certified as kosher and halal.

## Bioavailable micronutrients in a pure form:

- According to the pure substance principle
- Without colours, flavours or glazing agents
- Gluten-free
- Lactose-free
- 100 % vegan
- Quality tested

INGREDIENTS per daily dose	1 Capsule	% NRV*
Vitamin C (from amla extract and acerola fruit juice powder)	50 mg	63
Vitamin E (mg alpha-TE)	16 mg	133
Thiamine (vitamin B1)	2.2 mg	200
Grape seed extract	100 mg	-
contains proanthocyanidins (OPC)	40 mg	-
Maritime pine extract (Pycnogenol®)	50 mg	-
contains proanthocyanidins (OPC)	35 mg	-
Ubiquinol (KANEKA UBIQUINOL™)	20 mg	-

<sup>\* %</sup> OF NUTRIENT REFERENCE VALUES IN ACCORDANCE WITH EU REGULATION 1169/2011.

Grape seed extract (Vitis vinifera), hydroxypropyl methyl cellulose (capsule shell), amla extract, ubiquinol (contains soybean), acerola fruit juice powder, maritime pine bark extract (Pinus pinaster), D-alpha tocopheryl acetate, bulking agent: powdered cellulose, thiamine mononitrate.

1 capsule daily taken with a meal and plenty of liquid.

Food supplement in accordance with EU Directive 2002/46/EC

A product with OPC does not replace a diet with fresh fruit and vegetables.

# PACKAGE SIZE AND CONTENT

30 capsules (1 month supply), 15 g

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Food supplement: The recommended daily dosage should not be exceeded. Not a substitute for a balanced and varied diet and a healthy lifestyle. Store in a dark, dry place at room temperature. Protect from heat. Keep out of reach of children. Suitable for diabetics. The information provided here is not a statement on healing or a recommendation to self-medicate. Pycnogenol® is a registered trademark of Horphag Research. Use of this product may be protected by one or more U.S. patents and other international patents. KANEKA UBIQUINOL™ is a registered trademark of KANEKA Corp. Vcaps® Plus is a trademark of Lonza or its affiliates, registered in the USA. Subject to print or typographical errors. Version 22.06.2022.















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