

Reishi & C



Medicinal mushroom capsules with vitamin C to support the immune system

The immune system – guardian of the body

The immune system of the body is a highly complex defence system that protects our body against external pathogens. A balanced diet, plenty of outdoor exercise and a balanced psyche are essential prerequisites for an effective immune response. However, the body often needs additional external aid. In this case, the regular intake of selected micronutrients can help support the endogenous immune defences.

Biogena Reishi & C: To support the immune system

Reishi & C from Biogena contains the immunoactive classic vitamin C, in combination with high-quality tested reishi powder.

Reishi – a traditional medicinal mushroom from China

Reishi (*Ganoderma lucidum*) is a medicinal mushroom that is known as the “mushroom of immortality” in China where it is traditionally used. Modern methods of standardisation enable the targeted use of the mushroom extract in capsule form.

Physiological importance of the vital substances contained:

- Reishi is rich in valuable beta-glucans
- Vitamin C supports the normal functioning of the immune system
- The water-soluble vitamin helps maintain vitality in stressful situations by reducing fatigue

Possible uses:

- to support the body's own immune defences
- Helpful during the wet and cold season

Biogena GmbH & Co KG
Strubergasse 24, A-5020 Salzburg, biogena.com

Part of the
Biogena Group

Toll-free Infoline Austria: T +43 662 23 11 11, info@biogena.com
Infoline Germany, Italy and International: T +49 8654 774 00-0, deutschland@biogena.com,
italien@biogena.com, worldwide@biogena.com
Infoline Switzerland: T +41 43 215 20 59, schweiz@biogena.com

Online orders: biogena.com



Bioavailable micronutrients in pure form:

- According to the pure substance principle
- Without colorants and flavors
- Gluten-free
- Lactose-free
- Hypoallergenic
- Vegetable capsule shell
- 100% vegan
- Tested quality

INGREDIENTS per daily dose	3 capsules	% NRV*
Reishi powder	1200 mg	-
Vitamin C	120 mg	150

* % OF NUTRIENT REFERENCE VALUES IN ACCORDANCE WITH EU REGULATION 1169/2011.

INGREDIENTS

Reishi powder (*Ganoderma lucidum*), hydroxypropyl methyl cellulose (capsule shell), calcium-L-ascorbate.

RECOMMENDED DOSAGE

3 capsules daily taken with plenty of liquid.

NOTE

Food supplement in accordance with EU Directive 2002/46/EC


PACKAGE SIZE AND CONTENT

120 capsules (40 day supply), 63 g

Food supplement: The recommended daily dosage should not be exceeded. No substitute for a balanced and varied diet and a healthy lifestyle. Store in a dark, dry place at room temperature. Protect from heat. Keep out of reach of children. Suitable for diabetics. The information provided here is not a statement on healing or a recommendation to self-medicate. Subject to print or typographical errors. Version 21.10.2021



Biogena GmbH & Co KG
Strubergasse 24, A-5020 Salzburg, biogena.com

Part of the
Biogena Group 

Toll-free Infoline Austria: T +43 662 23 11 11, info@biogena.com
Infoline Germany, Italy and International: T +49 8654 774 00-0, deutschland@biogena.com,
italien@biogena.com, worldwide@biogena.com
Infoline Switzerland: T +41 43 215 20 59, schweiz@biogena.com

Online orders: [biogena.com](https://www.biogena.com)



BIOGENA
WELCOME TO YOURSELF