

Rhodiola Rosea



To strengthen the body during stress, for mental activity and vitality

Rhodiola Rosea: Plant-based support during stress situations

Rhodiola rosea (golden root) is a succulent plant that has been treasured in Russia and Scandinavia for centuries due to its special properties. Golden root is particularly useful for those subject to emotionally stressful conditions and their physical and psychological effects. In this case golden root extract can support the mental and physical performance and well-being. A healthy balanced diet, lots of exercise and sufficient sleep are other necessary prerequisites for good physical and mental performance in day-to-day life.

Rhodiola Rosea from Biogena: The ideal companion in stress situations

Biogena Rhodiola Rosea contains standardised golden root extract to support the physical and cognitive performance in times of increased emotional, psychological and physical stress.

Functions of the plant extract contained:

- Rhodiola rosea supports normal blood circulation, provides the cells with oxygen and nutrients and hence, provides support during physical stress such as sports.
- Rhodiola rosea supports cognitive and mental performance.

Possible uses:

- To support the body in stress situations
- To support the mental activity and vitality
- In times of increased emotional, mental or physical stress

Bioavailable micronutrients in a pure form

- According to the pure substance principle
- Without colours, flavours or glazing agents
- Gluten-free
- Lactose-free
- Hypoallergenic
- Vegetable capsule shell
- 100 % vegan
- Quality tested

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BIOGENA
WELCOME TO YOURSELF

INGREDIENTS per daily dose	1 Capsule	% NRV*
Rhodiola rosea extract	200 mg	-
<i>containing: rosavins</i>	6 mg	-
<i>containing: salidroside</i>	2 mg	-

* % OF NUTRIENT REFERENCE VALUES IN ACCORDANCE WITH EU REGULATION 1169/2011.

INGREDIENTS

Rhodiola rosea root extract, bulking agent: powdered cellulose, hydroxypropyl methyl cellulose (capsule shell).

RECOMMENDED DOSAGE

1 capsule daily taken outside mealtimes with plenty of liquid.

NOTE

Food supplement in accordance with EU Directive 2002/46/EC

PACKAGE SIZE AND CONTENT

120 capsules (4 month supply), 42 g

Food supplement: The recommended daily dosage should not be exceeded. Not a substitute for a balanced and varied diet and a healthy lifestyle. Store in a dark, dry place at room temperature. Protect from heat. Keep out of reach of children. Suitable for diabetics. The information provided here is not a statement on healing or a recommendation to self-medicate. Vcaps® Plus is a trademark of Lonza or its affiliates, registered in the USA. Subject to print or typographical errors. Version 20.03.2023.



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