# SIRT-Formula®



#### Selected plant extracts with standardised plant substances

#### Sirtuins and Sirtfood

Sirtuins are a group of enzymes that have evolved in humans and participate in a number of metabolic and regulatory processes. In humans, 7 different sirtuins (SIRT1 - SIRT7) are known. They are found in all body cells in the nucleus, cytoplasm and mitochondria. Vitamin niacin is also found in the mitochondria, the "power plants" of the cells, where it contributes to normal energy metabolism in the body. Sirtfood consists primarily of foods that provide the body with secondary plant compounds. Typical examples are curcuma, green tea or broccoli. Plants develop these substances to protect themselves against predators, solar radiation, heat or cold. Examples of secondary plant substances are resveratrol, pterostilbene or the bioflavonoid quercetin. Biogena SIRT-Formula® combines these bioactive plant substances in a micronutrient preparation together with the vitamin niacin, which supports the cellular energy supply.

#### SIRT Formula®:

- With standardized plant substances and a sophisticated combination of selected plant extracts
- Niacin contributes to a normal energy metabolism

#### Possible uses:

- To support the cellular energy supply
- For the targeted supply of secondary plant substances and plant extracts

# Bioavailable micronutrients in a pure form

- According to the pure substance principle
- Without colours, flavours or glazing agents
- Gluten-free
- Lactose-free
- Hypoallergenic
- Vegetable capsule shell
- 100 % vegan
- Quality tested

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INGREDIENTS per daily dose	2 capsules	% NRV*
Niacin (mg NE)	48 mg	300
Green tea extract	300 mg	-
contains: Catechins	240 mg	-
contains: Epigallocatechin gallate	180 mg	-
Curcuma longa extract	150 mg	-
Quercetin	100 mg	-
Pterocarpus extract	100 mg	-
contains: Pterostilbene	5 mg	-
Broccoli extract	60 mg	-
contains: glucoraphanin	6 mg	-
trans-resveratrol	60 mg	-

<sup>\* %</sup> OF NUTRIENT REFERENCE VALUES IN ACCORDANCE WITH EU REGULATION 1169/2011.

#### **INGREDIENTS**

Green tea extract, bulking agent: powdered cellulose, hydroxypropyl methyl cellulose (capsule shell), Curcuma longa extract, quercetin, Pterocarpus marsupium extract, trans-resveratrol, broccoli extract, nicotinamide.

#### RECOMMENDED DOSAGE

2 capsules daily taken with plenty of liquid.

## NOTE

Food supplement in accordance with EU Directive 2002/46/EC.

#### **IMPORTANT NOTICE**

Consume a maximum of 800 mg of epigallocatechin gallate per day. Pregnant or breastfeeding women and children under 18 years of age should not consume SIRT-Formula®. The product should not be taken on an empty stomach, as well as when other products containing green tea are consumed on the same day. Products containing transresveratrol should be consumed only under medical supervision when taking medications at the same time.

### PACKAGE SIZE AND CONTENT

60 capsules (1 month supply), 37 g

Food supplement: The recommended daily intake should not be exceeded. Not a substitute for a balanced and varied diet and a healthy lifestyle. Store at room temperature in a dry place and protected from light. Protect from heat. Keep out of the reach of children. Suitable for diabetics. The information provided here is not a statement on healing or a recommendation to self-medicate. Vcaps® Plus is a trademark of Lonza or its affiliates, registered in the USA. Veri-te is a trademark of Evolva. Subject to print or typographical errors. Version 25.04.2023.









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