# Tendo Formula®



## Tendo Formula® - Micronutrients for your tendons

The connective tissue fulfils many tasks in the body that go beyond the pure connection of tissues: Among other things, it maintains the organ shape, serves as a water reservoir, a protective cover and, in its specialized form, forms the supporting and stabilizing structures in the body. Tendo Formula® is a specially developed combination of nutrients that has been adapted to the special needs of the connective tissue, to which the tendons also belong. The contained vitamin C contributes to collagen formation and supports the function of cartilage and bones. The trace element manganese is important for the formation of connective tissue. Both micronutrients protect cells from oxidative stress and play a role in energy metabolism. Mucopolysaccharides, like collagen, are building blocks of connective tissue, cartilage and bones. Collagen type I is the most common type of collagen in the body. The combination of tendon-relevant active ingredients contained in this preparation (Tendaxion®) provides these nutrients in a coordinated dosage.

#### Tendo Formula®

- Contains mucopolysaccharides and hydrolyzed collagen type I (Tendaxion®)
- Vitamin C contributes to collagen formation for normal function of bones, cartilage and blood vessels
- Manganese supports the formation of connective tissue and the preservation of bones
- Manganese and vitamin C help protect cells from oxidative stress

## Fields of application

- To support normal collagen formation in connective tissue
- To meet the special nutrient requirements of the connective tissue
- For normal function of bones, cartilage and blood vessels

#### Bioavailable micronutrients in pure form

- According to the pure substance principle
- Without colourings, flavours and coatings
- Gluten free
- Lactose-free
- Fructose-free
- Plant capsule shell
- Hypoallergenic
- Tested quality

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INGREDIENTS per daily dose	1 Capsule	% NRV*
Vitamin C	60 mg	75
Manganese	0.4 mg	20
Mucopolysaccharides	440 mg	_
Collagen type I	80 mg	-

\* % OF NUTRIENT REFERENCE VALUES IN ACCORDANCE WITH EU REGULATION 1169/2011.

# INGREDIENTS

Mucopolysaccharides (bovine), hydroxypropyl methyl cellulose (capsule shell), hydrolysed collagen type I (bovine), calcium-L-ascorbate, bulking agent: powdered cellulose, manganese gluconate.

#### RECOMMENDED DOSAGE

1 capsule daily taken before a meal with plenty of liquid.

#### NOTE

Food supplement in accordance with EU Directive 2002/46/EC

#### PACKAGE SIZE AND CONTENT

60 capsules (2 month supply), 43 g

Food supplement: The recommended daily dosage should not be exceeded. Not a substitute for a balanced and varied diet and a healthy lifestyle. Store in a dark, dry place at room temperature. Protect from heat. Keep out of reach of children. Suitable for diabetics. The information provided here is not a statement on healing or a recommendation to self-medicate. Tendaxion® is a registered trademark used under agreement with Bioiberica S.A. Subject to print or typographical errors. Version 24.04.2023.



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