# The Good Gums® -**Immun Edition**



## The Good Gums®: indulgence with a nutritional plus

The Good Gums® is a new Biogena product line that packs sensible micronutrient combinations into vegan, sugar-free gummy bears. The high-quality gummy bears not only look good enough to eat, they also taste delicious and provide added nutritional value. And all without compromising on the usual radical Biogena quality.

#### Friends of the immune system

Protective barriers, phagocytes, antibodies - our immune defence system is a real powerhouse. Constantly in action, it's best not to tangle with them. Especially in times of special challenges, it is worthwhile to give our defence team extra support. In addition to sufficient sleep, outdoor exercise and a balanced diet and psyche, selected nutrients like vitamin D can also give the body's own defences a targeted helping hand - well looked after is well armed.

## When life gives you lemons - snack on The Good Gums® Immun Edition

Vegan and sugar-free snack bears that help your immune system? Here they are! The Good Gums® Immun Edition with their delicious natural cherry flavour combine the concentrated power of the micronutrient trio vitamin D3, vitamin K2

Vitamin D not only contributes to the regular function of the immune system, it also supports the maintenance of normal bones together with vitamin K and magnesium. If you eat 3 bears a day (= daily dose), you will consume 25 µg each of vitamin D3 (= 1000 I.U.) and K2, as well as 56 mg of magnesium. For better absorption of the micronutrients contained, it is recommended to consume the gums directly after meals.

## The Good Gums® Immun Edition

- Fruity, tasty Vital Bears combine the power of the micronutrient trio vitamin D3, vitamin K2 and magnesium
- With vitamin D3 from algae: Vitamin D contributes to the maintenance of a normal immune system, normal muscle functions, teeth and blood calcium levels
- With vitamin K2 (K2VITAL®) in the highly bioavailable all-trans menaquinone-7 form: Vitamin K contributes to normal blood clotting
- Both fat-soluble vitamins, vitamin D and K, contribute to the maintenance of normal bones
- With well-dosed magnesium: Magnesium supports the nervous system and normal mental function, and helps reduce fatigue and tiredness
- 100 % vegan & sugar-free

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## Possible uses

- Snacking with "Benefit": For the tasty supply of the micronutrients vitamin D3, vitamin K2 and magnesium
- As a welcome change or supplement to preparations in liquid, capsule or tablet form
- For children, adolescents and adults who would like to simply enjoy supplementary micronutrients

## The Good Gums® quality - because snacking does not have to be a sin

- Naturally colored by vegetable ingredients
- Without sugar
- Without aluten
- Without lactose
- 100 % vegan
- Tested quality

INGREDIENTS per daily dose	3 pieces	% NRV*
Vitamin D3	25 μg	500
corresponds to I.U.	1000	-
Vitamin K2 (menaquinone-7)	25 μg	33
Magnesium	56 mg	15

<sup>\* %</sup> OF NUTRIENT REFERENCE VALUES IN ACCORDANCE WITH EU REGULATION 1169/2011.

## **INGREDIENTS**

Sweeteners: maltitols, steviol glycosides, modified starch, acid: citric acid, Plant concentrates (carrot, black currant), natural flavouring, magnesium salts of orthophosphoric acid, Vegetable oils (coconut, rapseed), Glazing agent: carnauba wax, vitamin K2 (menaquinone-7), cholecalciferol.

NUTRITIONAL VALUE TABLE:	per 100 g
Energy	907 kJ / 216 kcal
Total fat	0 g
of which saturates	0 g
Carbohydrate	81 g
of which sugar	0 g
of which polyhydric alcohols	69 g
protein	0 g
salt	0.2 g

## RECOMMENDED DOSAGE

Children over 10 years and adults: Consume 3 bears daily. Best taken directly after a meal. Excessive consumption may produce laxative effects.

## NOTE

Food supplement with sweeteners in accordance with EU Directive 2002/46/EC

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## PACKAGE SIZE AND CONTENT

60 pieces (20 days supply), 240 g

Food supplement with sweeteners: The recommended daily dosage should not be exceeded. No substitute for a balanced and varied diet and a healthy lifestyle. Store in a dark, dry place at room temperature. Protect from heat. Keep out of reach of children. Suitable for diabetics. The information provided here is not a statement on healing or a recommendation to self-medicate. Subject to print or typographical errors. Version: 15.04.2022.











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