Vitamin B12 liquid



Vitamin B12 - Now also in liquid form to drop

The body can absorb vitamin B12 in two ways: active and passive. The active absorption of vitamin B12 requires a transport protein, the so-called intrinsic factor, which can be impaired by many factors. Taking the passive route, the vitamin can enter the blood by itself through the mucous membrane of the small intestine. This path requires the presence of enough available vitamin B12. The new liquid dosage form with a high dose of 500 µg Vitamin B12 enables the passive absorption through the intestinal mucosa, bypassing the intrinsic factor.

The essential vitamin B12 influences numerous processes in the human body and plays a role in energy metabolism and the nervous system. It also helps to reduce tiredness and fatigue, supports the normal functions of the immune system and contributes to normal homocysteine metabolism. Above all, strict vegetarians and vegans as well as older people should ensure a sufficiently high supply of this important vitamin.

Biogena Vitamin B12 drops contain the three naturally occurring vitamin B12 compounds in one product: methylcobalamin (M), hydroxocobalamin (H) and adenosylcobalamin (A). Methylcobalamin and adenosylcobalamin are the coenzyme active forms of vitamin B12. Hydroxocobalamin is a precursor of the two coenzyme forms and the natural depot form of the vitamin. Biogena Vitamin B12 Drops with MHA-formula - for everyone who wants a vitamin B12 supply oriented to nature.

With the pleasantly fresh fruity taste of plums, apple and black currant, Biogena Vitamin B12 Drops are a convincingly simple and tasty alternative for anyone who cannot or does not want to swallow capsules.

Vitamin B12 Drops

- With 3 different vitamin B12 compounds (MHA-formula) in practical liquid form to drop on
- Highly dosed for easy, passive absorption via the intestinal mucosa
- Vitamin B12 supports normal energy-yielding metabolism
- Vitamin B12 contributes to the reduction of tiredness and fatigue
- Vitamin B12 contributes to normal homocysteine metabolism
- Vitamin B12 plays a role in the normal formation of red blood cells
- Vitamin B12 contributes to normal functioning of the nervous system
- Vitamin B12 supports the normal function of the immune system

Biogena GmbH & Co KG Strubergasse 24, A-5020 Salzburg, biogena.com Part of the Biogena Group

Toll-free Infoline Austria: T+43 662 32 11 11, info@biogena.com Infoline Germany, Italy and International: T +49 8654 774 00-0, deutschland@biogena.com, italien@biogena.com, worldwide@biogena.com Infoline Switzerland: T +41 43 215 20 59, schweiz@biogena.com

Possible uses:

- For targeted intake of vitamin B12, especially in vegetarian and vegan diets
- For the daily supply of a high dose of vitamin B12, which allows passive absorption without intrinsic factor
- As nutritional supplement to support normal energy metabolism and reduce fatigue and signs of fatigue
- To support the normal functions of the nervous system and the psyche
- As a contribution to the normal functions of the immune system and the formation of red blood cells

Bioavailable micronutrients in a pure form

- Without colourings
- Gluten-free
- Lactose-free
- Hypoallergenic
- 100 % vegan
- Quality tested

INGREDIENTS per daily dose	0.5 ml	% NRV*
Vitamin B12	500 µg	20000
from methylcobalamin	167 µg	6680
from hydroxocobalamin	167 µg	-
from 5'-deoxyadenosylcobalamin	167 µg	6680

* % OF NUTRIENT REFERENCE VALUES IN ACCORDANCE WITH EU REGULATION 1169/2011.

INGREDIENTS

Water, plum juice concentrate, apple juice concentrate, black currant juice concentrate, acidity regulator: sodium citrate, preservative: potassium sorbate, 5'-deoxyadenosylcobalamin, hydroxocobalamin, methylcobalamin.

RECOMMENDED DOSAGE

Take 1/2 pipette (0.5 ml) daily outside of meals. Spread over the mouth with the tongue. Shake well before use.

NOTE

Food supplement in accordance with EU Directive 2002/46/EC

PACKAGE SIZE AND CONTENT

25 ml

Food supplement: The recommended daily dosage should not be exceeded. No substitute for a balanced and varied diet and a healthy lifestyle. Store in a dark, dry place at room temperature. Protect from heat. Keep out of reach of children. Suitable for diabetics. The information provided here is not a statement on healing or a recommendation to self-medicate. Subject to print or typographical errors. Version 05.09.2019.



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Toll-free Infoline Austria: T+43 662 32 11 11, info@biogena.com Infoline Germany, Italy and International: T +49 8654 774 00-0, deutschland@biogena.com, italien@biogena.com, worldwide@biogena.com Infoline Switzerland: T +41 43 215 20 59, schweiz@biogena.com