

# Vitamin E Caps



## Antioxidant active complex with vitamin C & vitamin E

### Vitamin E: A powerful antioxidant

Fat-soluble vitamin E is an important factor in the protection of cells. Due to its ability to neutralise aggressive oxygen radicals, vitamin E can protect the cell walls and other structures within the body from damage. This property is called an "antioxidant" because it prevents the biochemical process of oxidation. But vitamin E does not act alone. It forms a system to protect the body together with vitamin C and other antioxidant components. Working together, these antioxidants are mutually supportive.

### Vitamin E Caps: With vitamin C and bioflavonoids

Vitamin E Caps from Biogena provide 100 mg of vitamin E (150 I.U.) in a meaningful compound with vitamin C, grape seed extract and plant quercetin. Vitamin E is an important antioxidant component in protecting cells from the activity of free radicals. Further antioxidant components effectively support vitamin E in the process of controlling free radicals.

### Physiological tasks of the vital substances contained:

- Vitamin E helps protect cells against the increased formation of free radicals (oxidative stress)
- Vitamin C regenerates used vitamin E

### Possible uses:

- Supports the protection of cells in the case of an increased formation of free radicals (oxidative stress)
- For an increased supply of omega-3 fatty acids

### Bioavailable micronutrients in a pure form

- According to the pure substance principle
- Without colours, flavours or glazing agents
- Gluten-free
- Lactose-free
- Hypoallergenic
- Vegetable capsule shell
- 100 % vegan
- Quality tested

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**BIOGENA**  
WELCOME TO YOURSELF

INGREDIENTS per daily dose	1 Capsule	% NRV*
Vitamin E (mg alpha-TE)	100 mg	833
<i>corresponds to I.U.</i>	<i>150</i>	-
Vitamin C	80 mg	100
Grape seed extract	35 mg	-
<i>contains: polyphenols</i>	<i>23 mg</i>	-
Quercetin	25 mg	-

\* % OF NUTRIENT REFERENCE VALUES IN ACCORDANCE WITH EU REGULATION 1169/2011.

## INGREDIENTS

D-alpha tocopheryl acetate, bulking agent: powdered cellulose, hydroxypropyl methyl cellulose (capsule shell), calcium-L-ascorbate, grape seed extract (*Vitis vinifera*), quercetin.

## RECOMMENDED DOSAGE

1 capsule daily taken with a meal and plenty of liquid.

## NOTE

Food supplement in accordance with EU Directive 2002/46/EC

## PACKAGE SIZE AND CONTENT

90 capsules (3 month supply), 56 g

Food supplement: The recommended daily dosage should not be exceeded. No substitute for a balanced and varied diet and a healthy lifestyle. Store in a dark, dry place at room temperature. Protect from heat. Keep out of reach of children. Suitable for diabetics. The information provided here is not a statement on healing or a recommendation to self-medicate. Subject to print or typographical errors. Version 11.12.2018.



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