

Zinc picolinate 15



Zinc from well bioavailable zinc picolinate

Zinc and the topic of bioavailability

There are now many different zinc preparations on the market. It is often difficult to choose one. The question is: Which one is right for me? Gluconate or citrate? Oxide or sulphate? Or something completely different? The main differences between the different zinc compounds are the solubility behaviour and the so-called bioavailability. Bioavailability indicates how quickly and to what extent a nutrient is absorbed from the intestine into the blood and then reaches the place in the body where it is needed. The higher the bioavailability of a micronutrient compound, the better. In this context, research focused primarily on picolinic acid. This is blamed for the good availability of zinc in breast milk. Against this background, Biogena has developed the new zinc picolinate 15, which is characterized by high bioavailability and good tolerability. The trace element zinc is essential for the body. As a component of over 300 enzyme systems, zinc supports various functions such as the immune system. It also plays a role in the maintenance of skin, hair and nails and helps to protect the cells from oxidative stress.

Zinkpicolinat 15

- Linked to picolinic acid, zinc is particularly well absorbed.
- The trace element zinc supports the function of the immune system and protects the cells against oxidative stress.
- Zinc contributes to fertility and reproductive ability as well as to a normal testosterone level in the blood.
- Zinc plays a role in the maintenance of skin, hair and nails.

Possible application

- For the targeted supply of well bioavailable zinc picolinate
- To support the normal functions of the immune system and to protect against oxidative stress
- As a targeted supplement to support fertility and reproductive ability and to maintain normal testosterone levels

Bioavailable micronutrients in a pure form

- According to the pure substance principle
- Without colours and flavours
- Gluten-free
- Lactose-free
- Fructose-free
- Hypoallergenic
- Vegetable capsule shell
- 100 % vegan

Biogena GmbH & Co KG
Strubergasse 24, A-5020 Salzburg, biogena.com

Part of the
Biogena Group 

Toll-free Infoline Austria: T +43 662 23 11 11, info@biogena.com
Infoline Germany, Italy and International: T +49 8654 774 00-0, deutschland@biogena.com,
italien@biogena.com, worldwide@biogena.com
Infoline Switzerland: T +41 43 215 20 59, schweiz@biogena.com

Online orders: biogena.com



BIOGENA
WELCOME TO YOURSELF

INGREDIENTS per daily dose	1 Capsule	% NRV*
Zinc	15 mg	150

* % OF NUTRIENT REFERENCE VALUES IN ACCORDANCE WITH EU REGULATION 1169/2011.

INGREDIENTS

Bulking agent: powdered cellulose, zinc picolinate, hydroxypropyl methyl cellulose (capsule shell).

RECOMMENDED DOSAGE

1 capsule daily taken with a meal and plenty of liquid.

NOTE

Food supplement in accordance with EU Directive 2002/46/EC

IMPORTANT NOTICE

Not suitable under the age of 11.


PACKAGE SIZE AND CONTENT

120 capsules (4 month supply), 24 g

Food supplement: The recommended daily dosage should not be exceeded. Not a substitute for a balanced and varied diet and a healthy lifestyle. Store in a dark, dry place at room temperature. Protect from heat. Keep out of reach of children. Suitable for diabetics. The information provided here is not a statement on healing or a recommendation to self-medicate. Vcaps® Plus is a trademark of Lonza or its affiliates, registered in the USA. Subject to print or typographical errors. Version: 07.04.2023



Biogena GmbH & Co KG
Strubergasse 24, A-5020 Salzburg, biogena.com

Part of the
Biogena Group 

Toll-free Infoline Austria: T +43 662 23 11 11, info@biogena.com
Infoline Germany, Italy and International: T +49 8654 774 00-0, deutschland@biogena.com,
italien@biogena.com, worldwide@biogena.com
Infoline Switzerland: T +41 43 215 20 59, schweiz@biogena.com

Online orders: [biogena.com](https://www.biogena.com)



BIOGENA
WELCOME TO YOURSELF